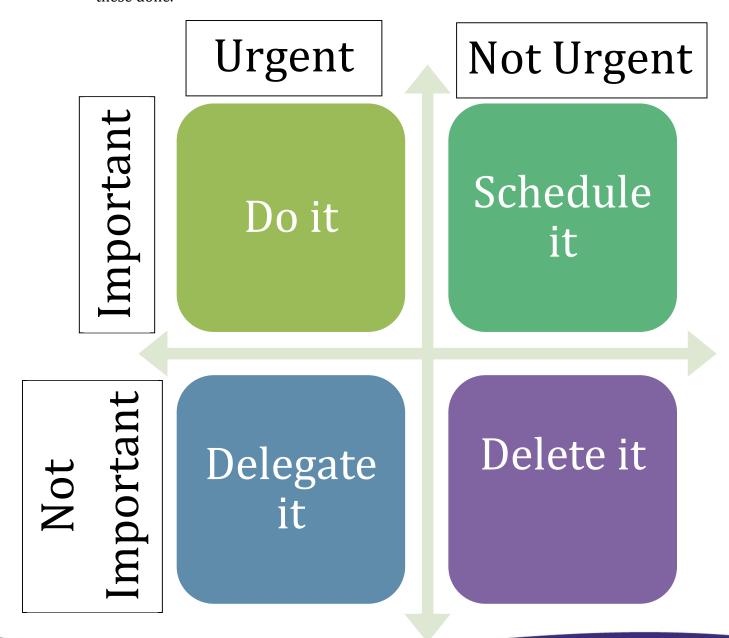


## Eisenhower Matrix

Eisenhower matrices are very helpful tools when trying to prioritize tasks

- 1. Make a list of the tasks that you have to do this week (see next page for a fillable version)
- 2. Assign each of your tasks to one of the quadrants below
- 3. If you have multiple things in the "do it" or "schedule it" category, make a plan for getting these done.





Use this fillable Eisenhower Matrix to try it out for yourself.

Not Urgent Urgent mportant Schedule it Do it mportant Delegate it Delete it